

# Phase I results from a Phase I/Ia clinical trial of SPL026-assisted psychedelic therapy

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## BACKGROUND

Major Depressive Disorder (MDD) is a common, recurrent mental illness with a large global prevalence. The World Health Organisation (WHO) currently estimates that approximately 322 million people of all ages worldwide suffer with MDD<sup>1</sup>. Remission is reached in approximately 1/3 patients with SSRIs<sup>2</sup>, demonstrating a significant unmet need.

## Development Rationale

### Psychedelics and Depression

- DMT shown to increase plasticity via neuritogenesis/spinogenesis both *in vitro* and *in vivo*, which may be induced via highly activated 5HT<sub>2A</sub> signalling pathways<sup>3</sup>
- Ayahuasca, containing DMT as its primary psychoactive ingredient, demonstrated rapid antidepressant effects in patients with MDD/TRD<sup>4,5</sup>
- Imaging studies demonstrate high degree of similarity in neural network functioning for serotonergic drugs psilocybin, LSD and DMT<sup>6</sup>
- Proposed mechanisms of action: DMT hypothesized to act similarly to psilocybin by decreasing activity of the default mode network and increasing global connectivity
- DMT has demonstrated safety in over 160 participants in clinical trials with minimal AEs
- With a short-acting psychedelic experience, SPL026 could provide clinical flexibility with short-lived effects lasting only 20-30min

## OBJECTIVES

### Primary Objective:

- To assess the safety and tolerability of single intravenous (IV) doses of SPL026 in psychedelic-naïve healthy subjects

### Secondary Objectives

- To assess the pharmacodynamics (PD) of single IV doses of SPL026 in psychedelic-naïve healthy subjects
- To assess the pharmacokinetics (PK) of single IV doses of SPL026 in psychedelic-naïve healthy subjects

## METHODS

Key Inclusion/Exclusion Criteria:

Psychedelic-naïve healthy volunteers, age ≥ 25 years

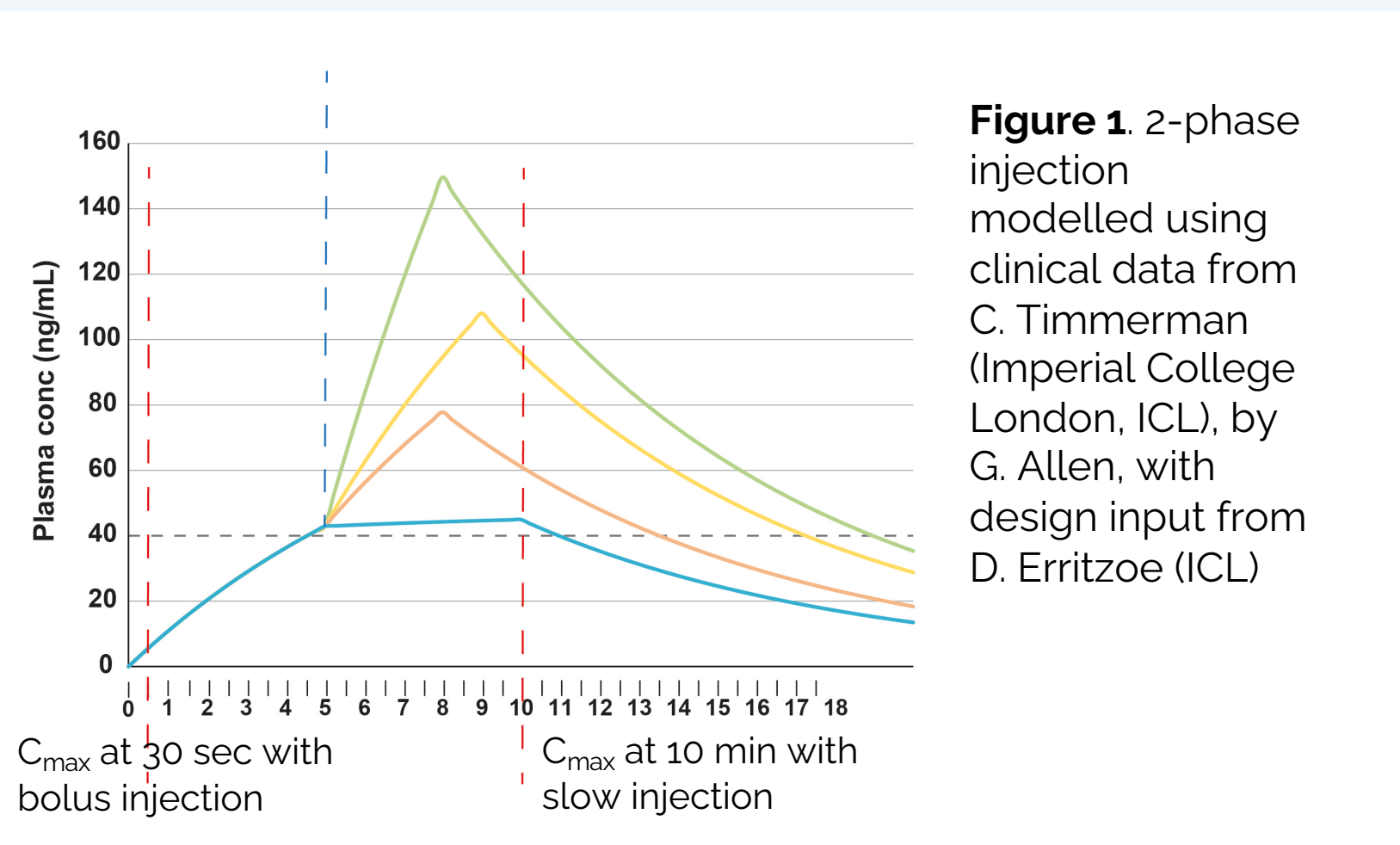
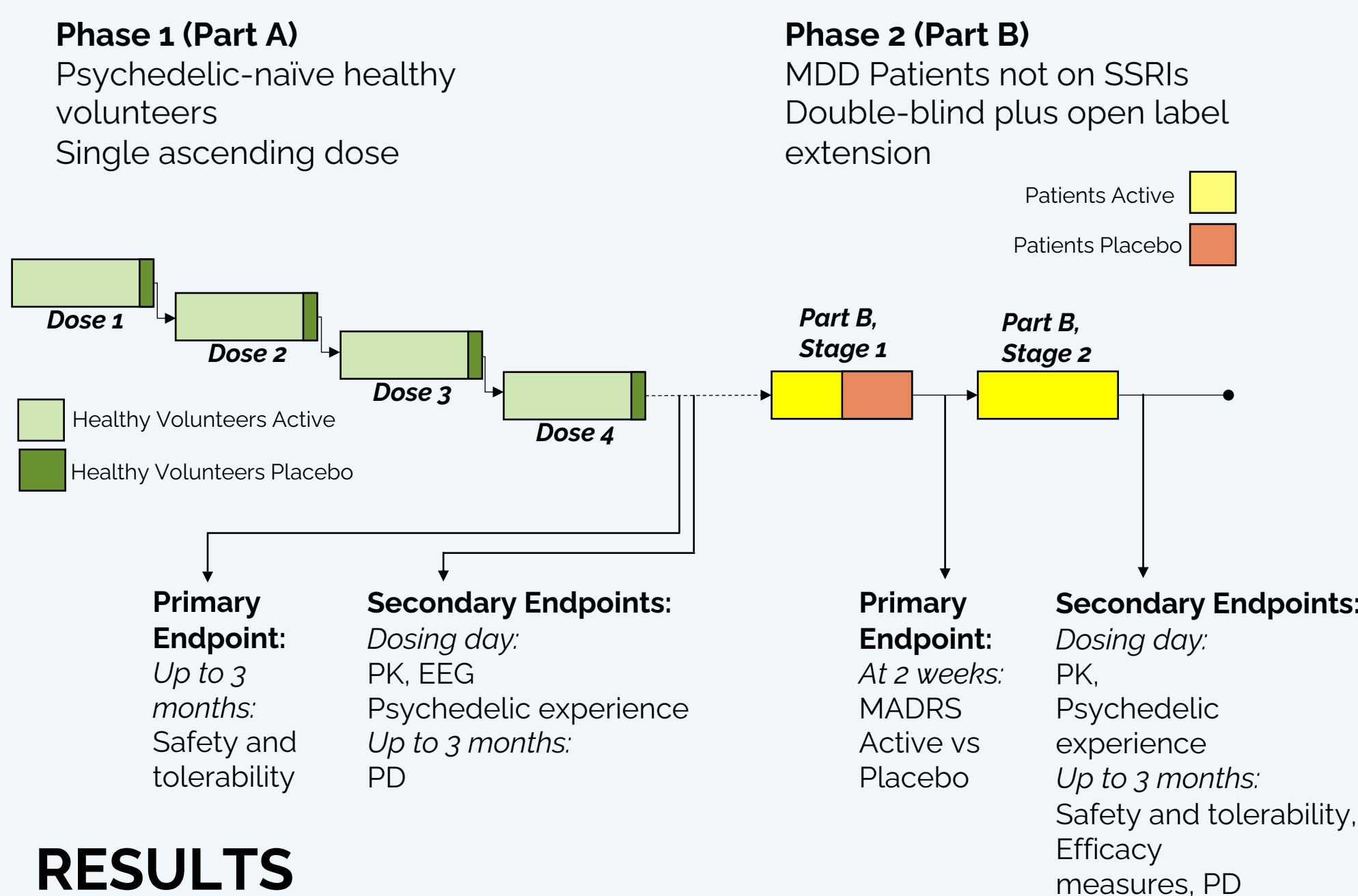


Table 1. Simulated trial doses based on literature PK data

Timmerman et al (2018, 2019) and Strassman et al (1994)		SPL026 Clinical Trial Part A	
Total dose by single bolus injection (mg)	Simulated C <sub>max</sub> (ng/mL)	Planned total dose by single slow injection (mg)	Simulated C <sub>max</sub> (ng/mL)
4.33	38.75	9.00	44.93
8.66	77.50	12.00	77.77
12.37	110.71	17.00	108.01
17.32	155.00	21.50	149.60

## TRIAL DESIGN

Figure 2. Design of Phase I/Ia trial on SPL026.



## RESULTS

Table 2.

Psychedelic-naïve healthy volunteers – drug-related AEs				
Placebo	9 mg	12 mg	17 mg	21.5 mg
N=8	N=6	N=6	N=6	N=6
1	2	8	10	1

- No dose-relationship in drug-related adverse events, and all were mild
- There were 21 mild and 7 moderate unrelated TEAEs
- As the main tolerability measure, participants were asked: “Do you wish you had not gone through that experience?”
- All healthy volunteers asked answered “No”, demonstrating SPL026 was well-tolerated at doses tested**

The drug-related AEs were as follows: 7 General disorders and administration site conditions; 5 Psychiatric disorders; 3 Nervous system disorders; 2 Gastrointestinal disorders; 2 Cardiac and vascular investigations, 2 Vascular disorders; 1 Skin and subcutaneous disorders.

## Pharmacokinetics

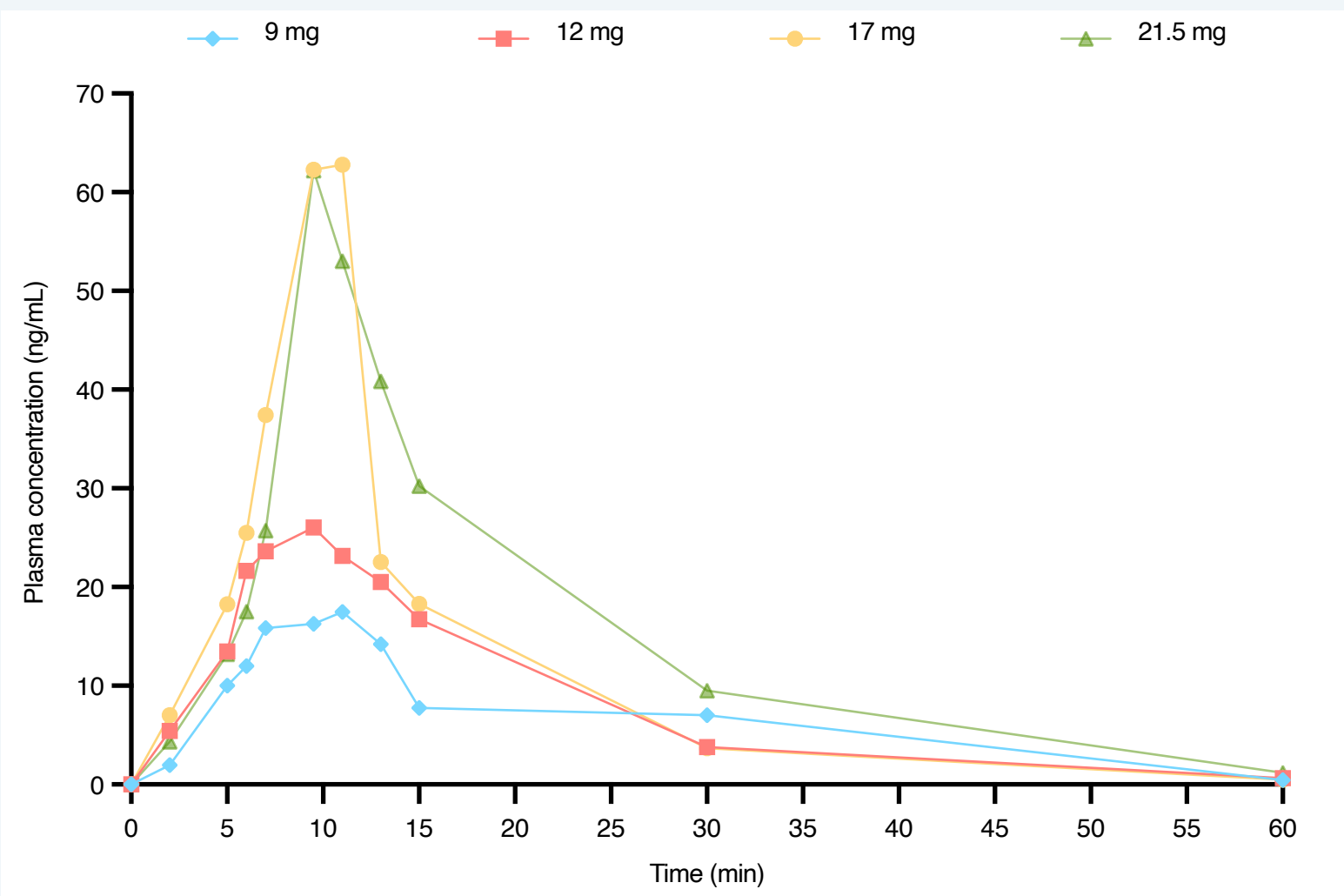


Figure 3. Mean linear PK concentrations of SPL026 at doses of 9 mg (N=5), 12 mg (N=6), 17 mg (N=5) and 21.5 mg (N=6).

Table 3.	9 mg; N=6	12 mg; N=6	17 mg; N=6	21.5 mg; N=6
C <sub>max</sub> ng/mL				
Mean	20.8	30.6	72.1	62.7
Range	5.0– 34.0	12.7 – 62.3	16.2 – 126.0	29.0 – 107.0
AUC <sub>last</sub> ng.min/mL				
Mean	349	451	842	835
Range	71 - 705	245-755	204 - 1390	477 - 1052

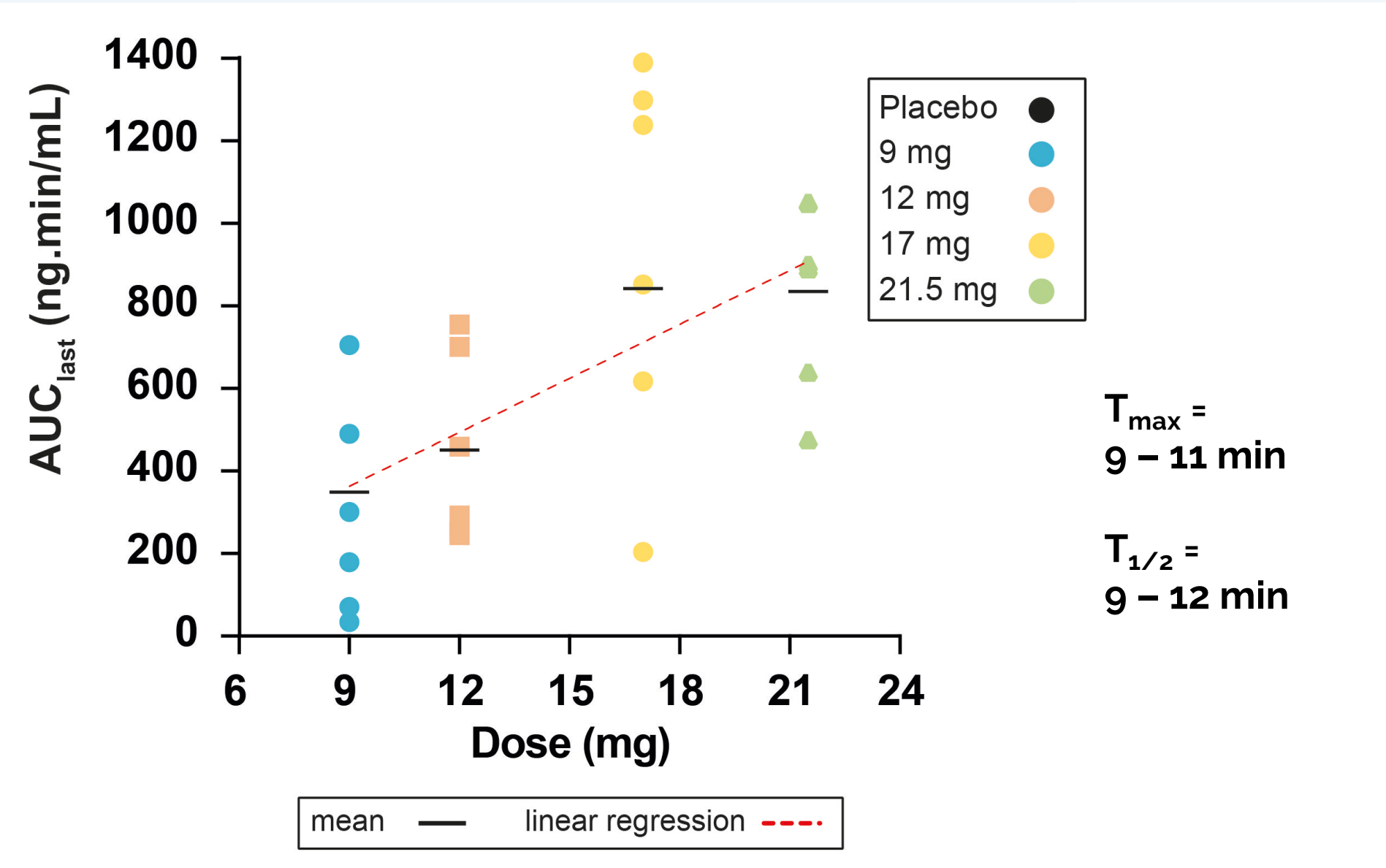


Figure 4. SPL026 dose versus AUC<sub>last</sub> of SPL026 after slow injection

## BMI: Exposure-response

In our flat-rate dosing strategy, no relationship was found across all dose cohorts between:

- BMI** (R<sup>2</sup>=0.048, p=0.327)
- Weight** (R<sup>2</sup>=0.009, p=0.681)
- Age** (R<sup>2</sup>=0.024, p=0.489)

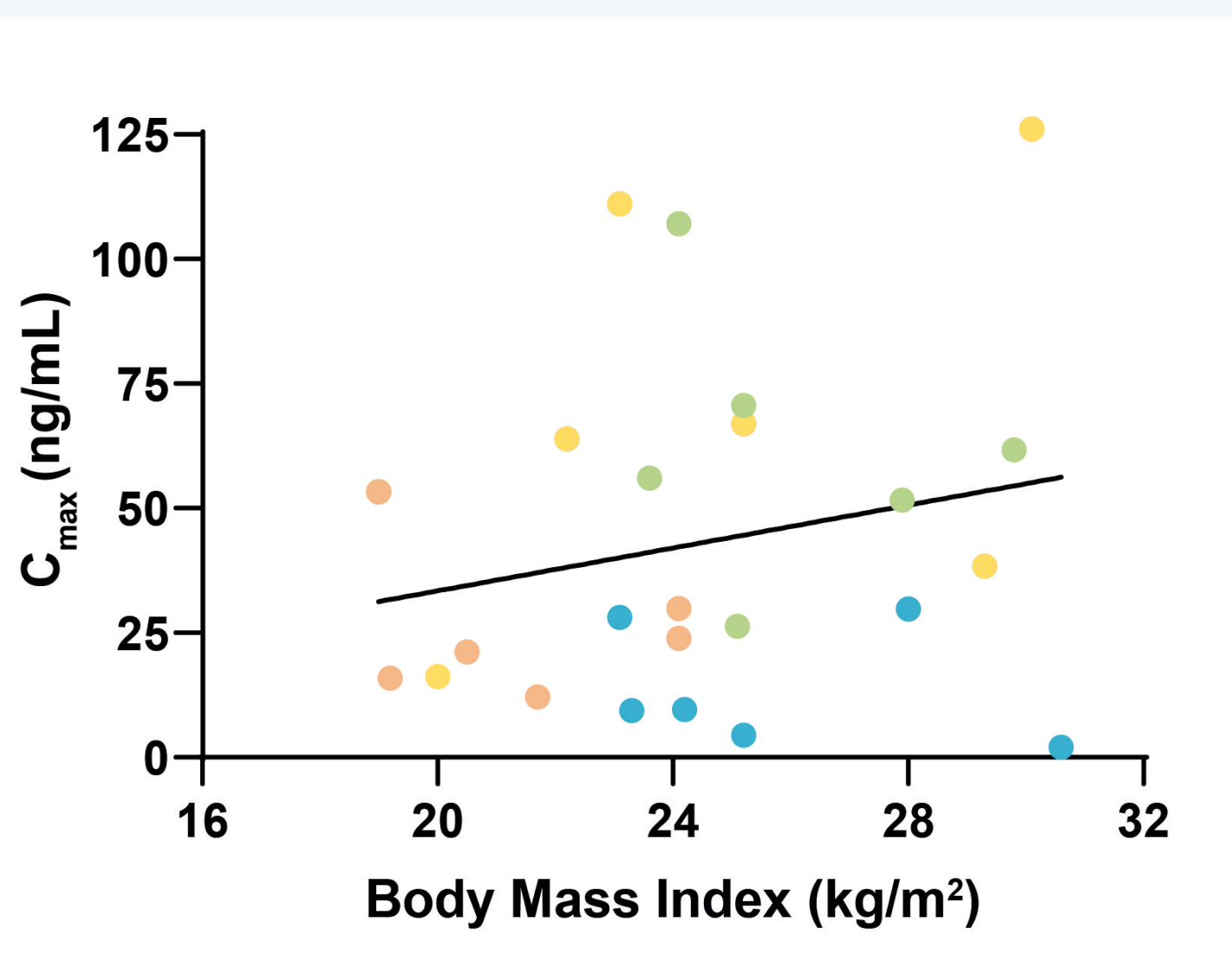


Figure 5. BMI versus C<sub>max</sub> of SPL026 after slow injection

## Secondary Endpoints: Pharmacodynamics

Psychedelic experience scales were completed 30 min post infusion start:

MEQ, CEQ, EBI, EDI, set of VAS, 5DASCQ, Metaphysical Qx

- A correlation was found between average scores on the Mystical Experience Questionnaire and C<sub>max</sub>

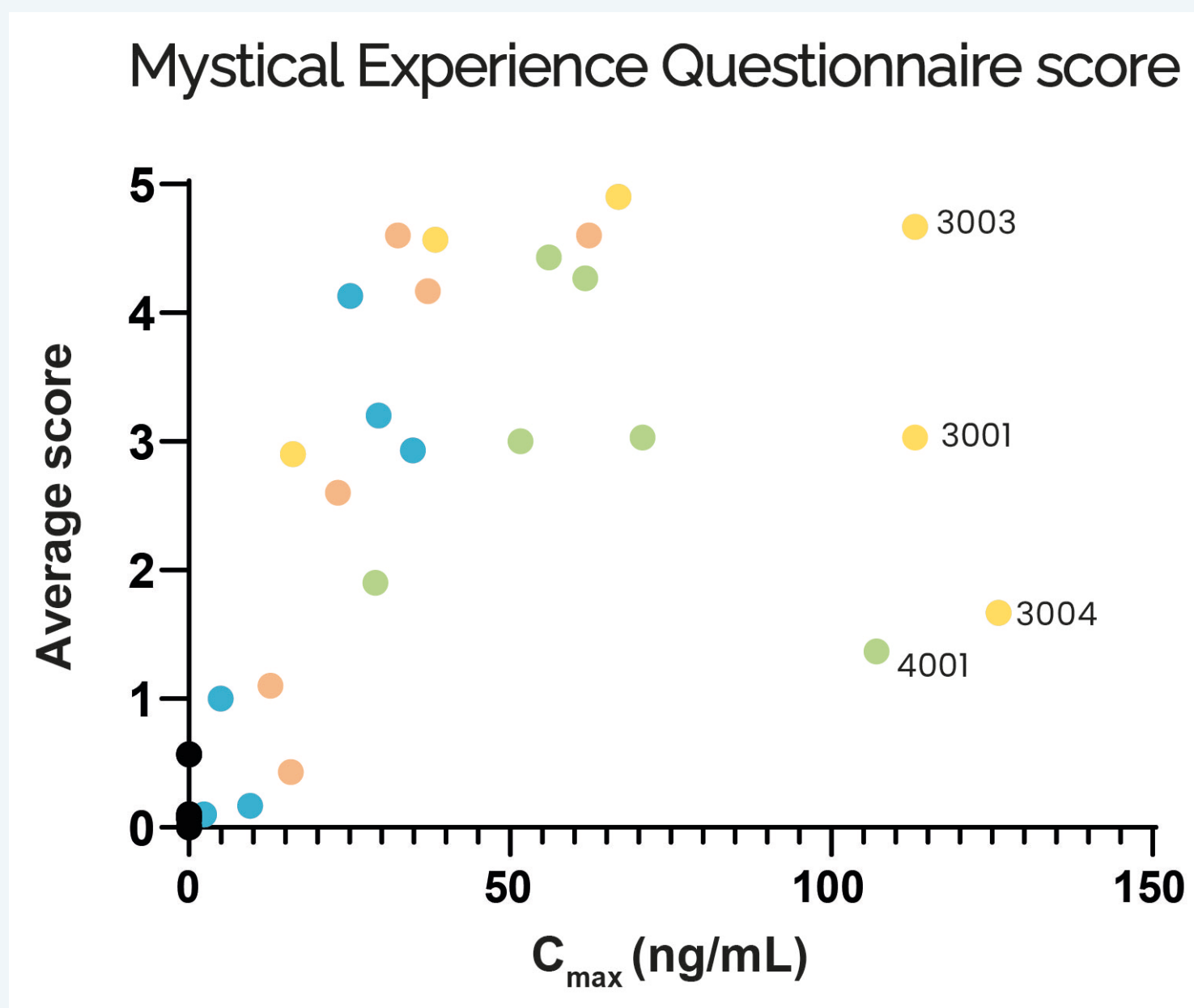


Figure 6. MEQ score versus C<sub>max</sub> of SPL026 after slow injection

## Intensity of Psychedelic Experience

Participants and the psychiatrist rated the intensity of the psychedelic experience on a VAS from 0-100

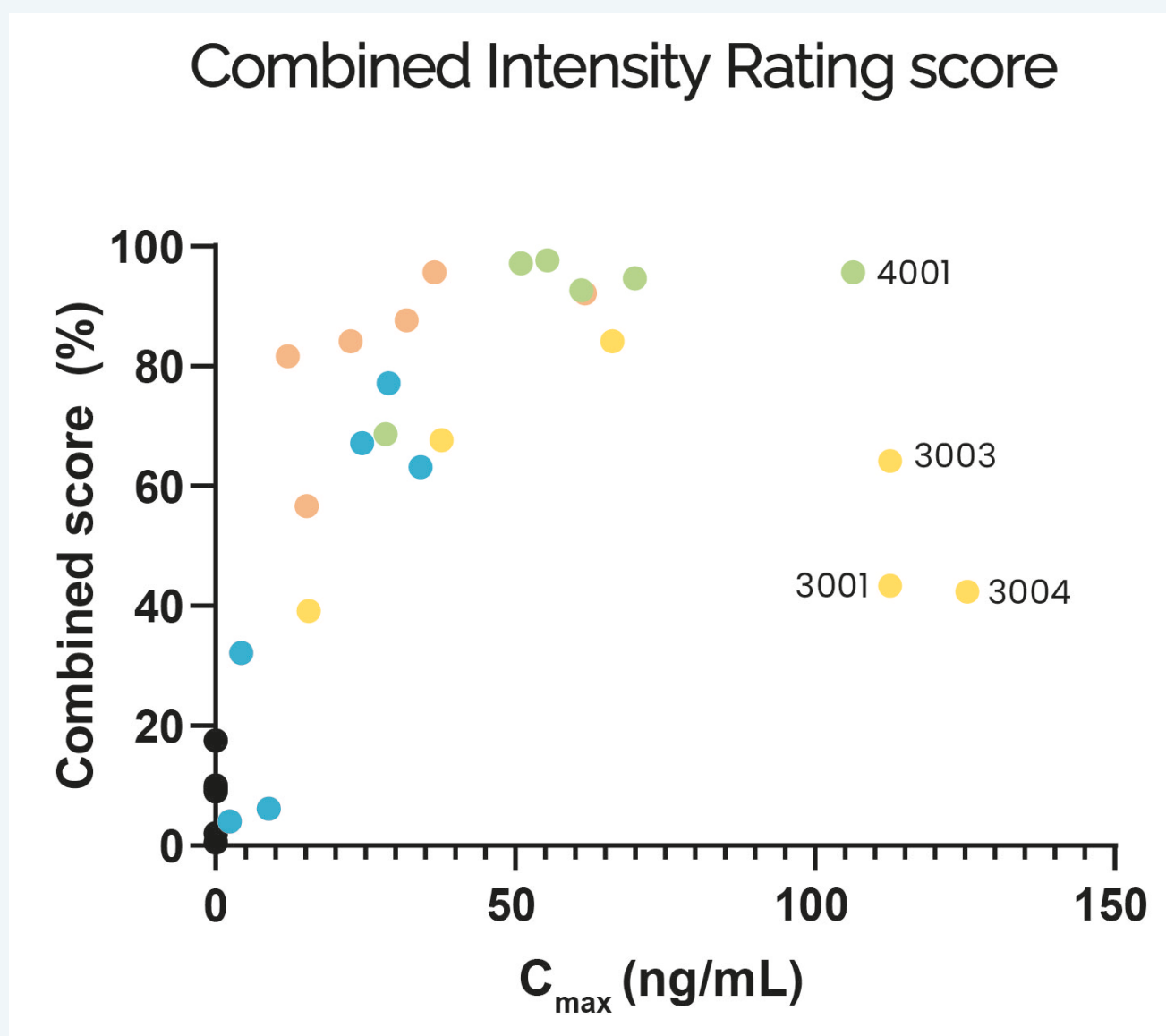


Figure 7. IRVAS score versus C<sub>max</sub> of SPL026 after slow injection. The average score for participant and therapist correlated highly with C<sub>max</sub>.

The pharmacodynamic scales completed at baseline and follow-ups (1 wk, 2 wk, 1 month, 3 months) included:

- WEMWBS, STAI-T, POMS, BFI, SHAPS, FS-8, MLQ, BRS, PIS, WCS, PTCS and others

## Outcome measures

- Participant **wellbeing** showed **no significant decreases across timepoints** (WEMWBS)
- Participant **Trait-Anxiety** measured showed **no significant increases across all timepoints** (STAI-T)

## CONCLUSIONS

- SPL026 has a good safety and tolerability profile in psychedelic-naïve healthy volunteers at all doses tested
- SPL026 is metabolized and cleared rapidly, leading to variable PK
- No rationale found for weight-adjusted dosing
- Strong exposure-response relationship
- Dose and dosing paradigm established for patients, alongside tailored therapy model

## Progress in Phase IIa:

- Dosing and enrollment complete
- No drug-related SAEs reported so far
- Expecting a good safety profile
- Therapists trained at 3 sites across the UK
- Phase IIa efficacy results due early 2023

**References:** 1:WHO. 2017. Depression and Other Common Mental Health Disorders: Global Health Estimates. WHO/MSD/MER/2017.2; 2. Rush AJ, et al. 2006. Acute and longer-term outcomes in depressed outpatients requiring one or several treatment steps: a STAR\*D report. Am J Psychiatry. 163: 1905–17; 3. Ly C, et al. 2018. Psychedelics Promote Structural and Functional Neural Plasticity. Cell Rep. 23: 3170–82; 4. Osório F, et al. 2015. Antidepressant effects of a single dose of ayahuasca in patients with recurrent depression: a preliminary report. Braz J Psychiatry. 37: 13–20; 5. Palhano-Fontes F, et al. 2019. Rapid antidepressant effects of the psychedelic ayahuasca in treatment-resistant depression: a randomized placebo-controlled trial. Psychol Med. 49: 655–63; 6. Timmermann C, et al. 2019. Neural correlates of the DMT experience assessed with multivariate EEG. Sci Rep. 9: 16324

**Disclosures:** Dr Tiffanie Benway is an employee and shareholder of Small Pharma Ltd